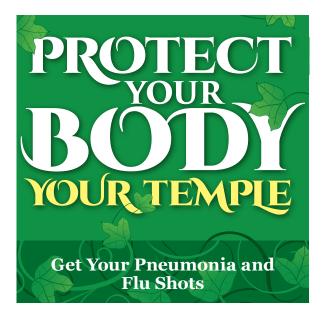


- African-Americans are less likelyto get the shots they need.
- A flu shot should be taken every year.
- A pneumonia shot should be taken one time after the age of 65.
- Those at high risk are especially encouraged to get their shots:
  - Elderly
  - Diabetic
  - Heart disease
  - Long term or chronic illness

Medicare Part B pays for flu and pneumonia shots. Check with your local public health department or health care provider.

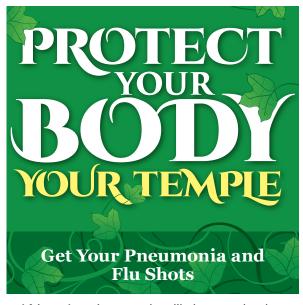




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